

INNOVATION

# GOOD HEARTY BREAKFAST



RISE and Shine is a unique blend of various palm oil fractions and sunflower oil. This margarine was formulated with a balanced proportion of saturated, monounsaturated and polyunsaturated fatty acids with the compositions of 1:1:1 ratio as recommended by the American Heart Association (AHA) for blood cholesterol reduction. It is free from trans fatty acids which is a healthy blend of non-hydrogenated palm oil and palm oil fractions.

**Rise and Shine** is great for spreading on breads, rolls, cheese crackers and for making sandwiches. In the kitchen, it can be used for sautéing vegetables, seafood or for making western sauces. Add a spoonful to custard filling to give it shine and a delectable, smooth texture.

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